



January 2019 Clinics

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
				<i>Live Ball 3.0+</i> 9-1030am	<i>Serious Tennis Training</i> 9-1030am	<i>Doubles Drop In (Members Only)</i> 9-11am
6	7	8	9	10	11	12
<i>Drills, Patterns & Games</i> 9-10am <i>with Fred</i> <i>Cardio tennis</i> 10-11am <i>with Fred</i>		<i>Match Play</i> 9-1030am	<i>Winning Wednesdays</i> 6-730pm	<i>Live Ball 3.0+</i> 9-1030am	<i>Serious Tennis Training</i> 9-1030am	<i>Doubles Drop In (Members Only)</i> 9-11am
13	14	15	16	17	18	19
<i>Drills, Patterns & Games</i> 9-10am <i>with Ian</i> <i>Cardio tennis</i> 10-11am <i>with Ian</i>		<i>Match Play</i> 9-1030am	<i>Winning Wednesdays</i> 6-730pm	<i>Live Ball 3.0+</i> 9-1030am	<i>Serious Tennis Training</i> 9-1030am	<i>Doubles Drop In (Members Only)</i> 9-11am <i>Special 3.0 drop in</i> <i>1030-12pm</i>
20	21	22	23	24	25	26
<i>Drills, Patterns & Games</i> 9-10am <i>with Fred</i> <i>Cardio tennis</i> 10-11am <i>with Fred</i>		<i>Match Play</i> 9-1030am	<i>Winning Wednesdays</i> 6-730pm	<i>Live Ball 3.0+</i> 9-1030am	<i>Serious Tennis Training</i> 9-1030am <i>Pickleball Night</i> <i>6-8pm</i>	<i>Doubles Drop In (Members Only)</i> 9-11am <i>Special 3.0 drop in</i> <i>11am-1pm</i>
27	28	29	30	31	 <i>*see reverse for more info</i>	
<i>Drills, Patterns & Games</i> 9-10am <i>with Fred</i> <i>Cardio tennis</i> 10-11am <i>with Fred</i>		<i>Match Play</i> 9-1030am <i>Special 3.0 drop in</i> <i>6pm-730pm</i>	<i>Winning Wednesdays</i> 6-730pm	<i>Live Ball 3.0+</i> 9-1030am		

Class Descriptions & Time / Teaching Pro / Cost \$

Weekly Clinics

Match Play Tuesday 9:00-10:30am

Join this clinic if you are looking for pointers as you play. Our Pro will help with decision making during match play.

Teaching Pro: Fred C.

Cost: \$15

Winning Wednesdays 6:00-7:30pm

Join us and explore winning doubles strategies and tactics.

Teaching Pro: Fred C.

Cost: \$15

Live Ball 3.0+ Thursday 9:00-10:30am

*This drill session will focus on the use of live balls to improve baseline, midcourt and net play. **Must have a NTRP of 3.0 or higher.***

Teaching Pro: Fred C.

Cost: \$15

Serious Tennis Training Friday 9:00-10:30am

*This high energy hour and a half clinic will take you through a dynamic warm-up followed by fast paced drills. There will be less focus on technique and more focus on active drills. **Must have a NTRP of 3.5 or higher.***

Teaching Pro: Dave M.

Cost: \$20

Mixed Doubles Drop-in Saturday 9:00-11:00am

Join us for this Saturday morning social. A professional will be there to help with the organization, give pointers or jump in to play as needed.

Teaching Pro: Fred C.

Cost: FREE

Drills, Patterns & Games Sunday 9:00-10:00am

Every week our professional will cover specific play patterns. Drills & games will be used to improve execution of patterns.

Teaching Pro: Fred C. or Ian C.

Cost: \$10 (Max 8 participants)
first come first serve

Cardio Tennis Sunday 10:00-11:00am

Cardio Tennis is a fun group activity featuring drills and games to give players of all abilities an ultimate, high energy workout. Come get a great cardio workout while improving your skills (and it's more fun than any treadmill...).

Teaching Pro: Fred C. or Ian C.

Cost: \$10 (Max 8 participants)
first come first serve

Specialty Clinics

(must register online or with our front desk, see clinic flyer for more details)

Pickleball night

Want to learn Pickleball? Join us for fun on the courts!

Cost: Free

NEW Beginner to 3.0 Drop-in

Join us for these new La Madrona member only beginners to 3.0 level drop in. For more details contact our tennis director.

Cost: Free

Please note that all weekly clinics welcome all levels of play unless noted in the description.

We reserve the right to cancel any clinic with fewer than 4 participants.

If fewer than 4 players are present they will be given the option of continuing at a lesson rate of \$60/hr.

Non-Members will be charge an extra \$5 per clinic

for any questions or comments please contact our Tennis Director, Fred Charlebois at: fcharlebois@caclubs.com or 831-438-1072