





February 2019 Clinics

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>KEEP CALM and PLAY TENNIS</p>					Serious Tennis Training 9-1030am ¹	Doubles Drop In (Members Only) 9-11am Special 3.0 drop in 1030-12pm ²
Drills, Patterns & Games 9-10am Cardio tennis 10-11am ³		Match Play 9-1030am ⁵	Winning Wednesdays 6-730pm ⁶	Live Ball 3.0+ 9-1030am Special 3.0 drop in 6pm-730pm ⁷	Serious Tennis Training 9-1030am ⁸	Doubles Drop In (Members Only) 9-11am ⁹
Drills, Patterns & Games 9-10am Cardio tennis 10-11am ¹⁰		Match Play 9-1030am ¹²	Winning Wednesdays 6-730pm ¹³	Live Ball 3.0+ 9-1030am ¹⁴	Serious Tennis Training 9-1030am Pickleball Night 6-8pm ¹⁵	Doubles Drop In (Members Only) 9-11am ¹⁶
Drills, Patterns & Games 9-10am Cardio tennis 10-11am ¹⁷	Footwork Mastery 1030-noon 	Match Play 9-1030am ¹⁹	Winning Wednesdays 6-730pm ²⁰	Live Ball 3.0+ 9-1030am ²¹	Serious Tennis Training 9-1030am ²²	Doubles Drop In (Members Only) 9-11am Special 3.0 drop in 1030-12pm ²³
Drills, Patterns & Games 9-10am Cardio tennis 10-11am ²⁴		Match Play 9-1030am ²⁶	Winning Wednesdays 6-730pm ²⁷	Live Ball 3.0+ 9-1030am ²⁸	 <p>PICKLEBALL</p>	

*see reverse for more info

Class Descriptions & Time / Teaching Pro / Cost \$

Weekly Clinics

Match Play Tuesday 9:00-10:30am

Join this clinic if you are looking for pointers as you play. Our Pro will help with decision making during match play.

Teaching Pro: Fred C.

Cost: \$15

Winning Wednesdays 6:00-7:30pm

Join us and explore winning doubles strategies and tactics.

Teaching Pro: Fred C.

Cost: \$15

Live Ball 3.0+ Thursday 9:00-10:30am

*This drill session will focus on the use of live balls to improve baseline, midcourt and net play. **Must have a NTRP of 3.0 or higher.***

Teaching Pro: Fred C.

Cost: \$15

Serious Tennis Training Friday 9:00-10:30am

*This high energy hour and a half clinic will take you through a dynamic warm-up followed by fast paced drills. There will be less focus on technique and more focus on active drills. **Must have a NTRP of 3.5 or higher.***

Teaching Pro: Dave M.

Cost: \$20

Mixed Doubles Drop-in Saturday 9:00-11:00am

Join us for this Saturday morning social. A professional will be there to help with the organization, give pointers or jump in to play as needed.

Teaching Pro: Fred C.

Cost: FREE

Drills, Patterns & Games Sunday 9:00-10:00am

Every week our professional will cover specific play patterns. Drills & games will be used to improve execution of patterns.

Teaching Pro: Fred C. or Ian C.

Cost: \$10 (Max 8 participants)
first come first serve

Cardio Tennis Sunday 10:00-11:00am

Cardio Tennis is a fun group activity featuring drills and games to give players of all abilities an ultimate, high energy workout. Come get a great cardio workout while improving your skills (and it's more fun than any treadmill...).

Teaching Pro: Fred C. or Ian C.

Cost: \$10 (Max 8 participants)
first come first serve

Specialty Clinics

Footwork Mastery- Monday February 18th 1030-noon

Want to improve your footwork and move like the Pros? This is where you need to be...

Teaching Pro: Fred C.

Cost: \$25(Max 10 participants)

Pickleball night

Want to learn Pickleball? Join us for fun on the courts!

Cost: Free

NEW! Beginner to 3.0 Drop-in

Join us for these new La Madrona member only beginners to 3.0 level drop in. For more details contact our tennis director.

Cost: Free

Please note that all weekly clinics welcome all levels of play unless noted in the description.

We reserve the right to cancel any clinic with fewer than 4 participants.

If fewer than 4 players are present they will be given the option of continuing at a lesson rate of \$60/hr.

Non-Members will be charge an extra \$5 per clinic

for any questions or comments please contact our Tennis Director, Fred Charlebois at: fcharlebois@caclubs.com or 831-438-1072