


March 2019 Clinics

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>31</p> <p><i>Drills, Patterns & Games</i> 9-10am</p> <p><i>Cardio tennis</i> 10-11am</p>					<p>1</p> <p><i>Serious Tennis Training</i> 9-1030am</p> <p>Pickleball Night 6-8pm</p>	<p>2</p> <p><i>Doubles Drop In (Members Only)</i> 9-11am</p>
<p>3</p> <p><i>Drills, Patterns & Games</i> 9-10am</p> <p><i>Cardio tennis</i> 10-11am</p>	<p>4</p> <p>Pickleball 10-noon</p>	<p>5</p> <p><i>Match Play</i> 9-1030am</p>	<p>6</p> <p><i>Winning Wednesdays</i> 6-730pm</p>	<p>7</p> <p><i>Live Ball 3.0+</i> 9-1030am</p>	<p>8</p> <p><i>Serious Tennis Training</i> 9-1030am</p> <p>Pickleball Night 6-8pm</p>	<p>9</p> <p><i>Doubles Drop In (Members Only)</i> 9-11am</p>
<p>10</p> <p><i>Drills, Patterns & Games</i> 9-10am</p> <p><i>Cardio tennis</i> 10-11am</p>	<p>11</p> <p>Pickleball 10-noon</p>	<p>12</p> <p><i>Match Play</i> 9-1030am</p>	<p>13</p> <p><i>Winning Wednesdays</i> 6-730pm</p>	<p>14</p> <p><i>Live Ball 3.0+</i> 9-1030am</p>	<p>15</p> <p><i>Serious Tennis Training</i> 9-1030am</p> <p>Pickleball Night 6-8pm</p>	<p>16</p> <p><i>Doubles Drop In (Members Only)</i> 9-11am</p>
<p>17</p> <p><i>Drills, Patterns & Games</i> 9-10am</p> <p><i>Cardio tennis</i> 10-11am</p>	<p>18</p> <p>Pickleball 10-noon</p>	<p>19</p> <p><i>Match Play</i> 9-1030am</p>	<p>20</p> <p><i>Winning Wednesdays</i> 6-730pm</p>	<p>21</p> <p><i>Live Ball 3.0+</i> 9-1030am</p>	<p>22</p> <p><i>Serious Tennis Training</i> 9-1030am</p> <p>Pickleball Night 6-8pm</p>	<p>23</p> <p><i>Doubles Drop In (Members Only)</i> 9-11am</p>
<p>24</p> <p><i>Drills, Patterns & Games</i> 9-10am</p> <p><i>Cardio tennis</i> 10-11am</p>	<p>25</p> <p>Pickleball 10-noon</p>	<p>26</p> <p><i>Match Play</i> 9-1030am</p>	<p>27</p> <p><i>Winning Wednesdays</i> 6-730pm</p>	<p>28</p> <p><i>Live Ball 3.0+</i> 9-1030am</p>	<p>29</p> <p><i>Serious Tennis Training</i> 9-1030am</p> <p>Pickleball Night 6-8pm</p>	<p>30</p> <p><i>Doubles Drop In (Members Only)</i> 9-11am</p>

*see reverse for more info

Class Descriptions & Time / Teaching Pro / Cost \$

Weekly Clinics

Match Play Tuesday 9:00-10:30am

Join this clinic if you are looking for pointers as you play. Our Pro will help with decision making during match play.

Teaching Pro: Fred C.

Cost: \$15

Winning Wednesdays 6:00-7:30pm

Join us and explore winning doubles strategies and tactics.

Teaching Pro: Fred C.

Cost: \$15

Live Ball 3.0+ Thursday 9:00-10:30am

*This drill session will focus on the use of live balls to improve baseline, midcourt and net play. **Must have a NTRP of 3.0 or higher.***

Teaching Pro: Fred C.

Cost: \$15

Serious Tennis Training Friday 9:00-10:30am

*This high energy hour and a half clinic will take you through a dynamic warm-up followed by fast paced drills. There will be less focus on technique and more focus on active drills. **Must have a NTRP of 3.5 or higher.***

Teaching Pro: Dave M.

Cost: \$20

Mixed Doubles Drop-in Saturday 9:00-11:00am

Join us for this Saturday morning social. A professional will be there to help with the organization, give pointers or jump in to play as needed.

Teaching Pro: Fred C.

Cost: FREE

Drills, Patterns & Games Sunday 9:00-10:00am

Every week our professional will cover specific play patterns. Drills & games will be used to improve execution of patterns.

Teaching Pro: Fred C. or Ian C.

Cost: \$10 (Max 8 participants)
first come first serve

Cardio Tennis Sunday 10:00-11:00am

Cardio Tennis is a fun group activity featuring drills and games to give players of all abilities an ultimate, high energy workout. Come get a great cardio workout while improving your skills (and it's more fun than any treadmill...).

Teaching Pro: Fred C. or Ian C.

Cost: \$10 (Max 8 participants)
first come first serve

Specialty Clinics

Pickleball Month MONDAYS 10-Noon & FRIDAYS 6-8pm

Want to learn Pickleball or show us your skills? Join us for fun on the courts!

Cost: Free

Please note that all weekly clinics welcome all levels of play unless noted in the description.

We reserve the right to cancel any clinic with fewer than 4 participants.

If fewer than 4 players are present they will be given the option of continuing at a lesson rate of \$60/hr.

Non-Members will be charge an extra \$5 per clinic

for any questions or comments please contact our Tennis Director, Fred Charlebois at: fcharlebois@caclubs.com or 831-438-1072