

# Spring 2016 Water Polo



**April 13 – June 3**

Wednesdays from 1:45–2:30 pm

Fridays from 4:15–5:00 pm

Our Water Polo program will introduce children to a sport that combines elements of soccer, basketball and hockey with swimming. Each participant must be able to swim one length of the rec. pool without assistance and be able to tread water for one minute.

Each practice will begin with a warm up swim set followed by drills to teach all aspects of the sport. Athletes will build their bodies and self-confidence as they learn teamwork, personal responsibility, perseverance and discipline in a safe and fun environment.

Classes are limited to 14 spots per day.

Reserve your spot with the pool house today.

Contact Aquatics Director, Jen Kruse at [jkruse@caclubs.com](mailto:jkruse@caclubs.com) for more information.

## FEES:

\$120.00 one day per session (\$150.00 for non-members)  
\$160.00 both days per session (\$200.00 for non-members)

## REGISTRATION FORM FOR SPRING 2016 WATER POLO

Athlete's Name \_\_\_\_\_ Age: \_\_\_\_\_

Parent's Name(s) \_\_\_\_\_ Member# \_\_\_\_\_

Parent's Phone and Email \_\_\_\_\_

Days (circle) Wednesday or Friday or both

Emergency Contact Name and Number (other than parent) \_\_\_\_\_

NON-MEMBER USE POLICY: Because La Madrona is a private club, non-members visiting the club for programming are not allowed use of the facility outside of their paid programming. Please wait for your class to begin before using the facility. Thank you.

Internal Use:	Paid Date _____	Initial _____	Roster _____
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