



2022 SPRING WATER POLO

APRIL 15TH – MAY 20TH 2022 (6 WEEKS)

FRIDAYS (ages 6-10) 3:30pm – 4:00pm
(ages 11-14) 4:00pm – 5:00pm

Our Water Polo program will introduce children to a sport that combines elements of soccer, basketball and hockey with swimming. Each participant must be able to swim one length of the rec. pool without assistance and be able to tread water for one minute. Younger athletes can use noodles to help them float while they are learning the sport.

Each practice will begin with a warm up swim set followed by drills to teach all aspects of the sport. Athletes will build their bodies and self-confidence as they learn teamwork, personal responsibility, perseverance and discipline in a safe and fun environment.



**Classes are limited to 18 spots.
Reserve your spot today!**

Sign up by completing the registration form below and return to La Madrona Athletic Club.

Members may enroll online at www.lamadronaclub.com. Registration will begin on Monday, March 7th online at 10am. Non-members can enroll on Wednesday, March 16th at 10am in person at the pool area. Afterward enrollment or questions can be made directly to the Aquatics Director at 831.438.1072 ext 104 or kgorham@caclubs.com.

Age Group	Member	Non-Member
6-10	\$96	\$115
11-14	\$84	\$100

Athlete's Name _____ Age: _____

Parent's Name(s) _____ Member? ☐ Yes ☐ No

Parent's Phone and Email _____

Emergency Contact Name and Number (other than parent) _____

NON-MEMBER USE POLICY: Because La Madrona is a private club, non-members visiting the club for programming are not allowed use of the facility outside of their paid programming. Please wait for your class to begin before using the facility. Thank you.

Internal Use: Paid Date _____ Initial _____ Roster _____