



# ADULT TENNIS CLINIC SCHEDULE

## MONDAY

10:00 - 11:30 AM	Technique and Application	You will learn modern day technique. First half of clinic will go over modern day technique and second half you will learn how to apply it.
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## TUESDAY

10:00 - 11:30 AM	Advanced Live Ball	This is a game-based clinic that incorporates point play situations that will be sure to give you a fun workout. Best for players that are already comfortable playing points.
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## WEDNESDAY

9:00 - 10:30 AM	Serious Tennis <i>with Dave</i>	This class works on various doubles situations and will refine your ability to succeed in different situations on the doubles court.
11:00 - 12:30 PM	Tennis 101	This beginner-friendly class will go over the fundamentals at a gentle pace and work towards holding rallies from all areas of the court.

## THURSDAY

11:00 - 12:30 PM	Tennis 101	This beginner-friendly class will go over the fundamentals at a gentle pace and work towards holding rallies from all areas of the court.
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## FRIDAY

9:00 - 10:30 AM	Serious Tennis <i>with Dave</i>	This class works on various doubles situations and will refine your ability to succeed in different situations on the doubles court.
12:00 - 1:30 PM	Doubles Techniques, Tactics, and Game Play!	Come out and refine your technique, tactics and overall gameplay in one clinic. This will focus on the primary concepts to achieve better results on the doubles court!

## SATURDAY

9:00 - 11:00 AM	Member Drop-In	This is great for all levels and will give you fun match play against different styles of players. This is a <b>free</b> drop-in for all members.
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## SUNDAY

10:00 - 11:00 AM	Cardio Tennis	This is a fun workout on the tennis court and a great place for all levels of tennis. You will hit lots of tennis balls and be moving around while doing it!
11:00 - 12:00 PM	Technique Fundamentals	This class will improve your overall technique on all the major shots. It is great for beginners wanting to learn tennis strokes, as well as advanced players wanting to improve a certain shot.

## PRICES

Private lessons available upon request	1 hour class – \$20 members / \$25 non-members
Member Drop-in and Challenge Court - Free	1.5 hour class – \$25 members / \$30 non-members

Register for clinics online, in the clubhouse, or directly with Ian Chadwell at [ichadwell@caclubs.com](mailto:ichadwell@caclubs.com).