



ADULT TENNIS CLINIC SCHEDULE

MONDAY

8:30 - 10:00 AM

Technique and Application

You will learn modern day technique. First half of clinic will go over modern day technique and second half you will learn how to apply it.

TUESDAY

8:30 - 10:00 AM

Advanced Live Ball

This is a game-based clinic that incorporates point play situations that will be sure to give you a fun workout. Best for players that are already comfortable playing points.

WEDNESDAY

8:30 - 10:00 AM

Serious Tennis
with Dave

This class works on various doubles situations and will refine your ability to succeed in different situations on the doubles court.

THURSDAY

FRIDAY

8:30 - 10:00 AM

Serious Tennis
with Dave

This class works on various doubles situations and will refine your ability to succeed in different situations on the doubles court.

8:30 - 10:00 AM

Tennis 101

This beginner-friendly class will go over the fundamentals at a gentle pace and work towards holding rallies from all areas of the court.

SATURDAY

9:00 - 11:00 AM

Member Drop-In

This is great for all levels and will give you fun match play against different styles of players. This is a **free** drop-in for all members.

SUNDAY

10:00 - 11:00 AM

Cardio Tennis

This is a fun workout on the tennis court and a great place for all levels of tennis. You will hit lots of tennis balls and be moving around while doing it!

11:00 - Noon

Technique Fundamentals

This class will improve your overall technique on all the major shots. It is great for beginners wanting to learn tennis strokes, as well as advanced players wanting to improve a certain shot.

PRICES

Private lessons available upon request
Member Drop-in and Challenge Court - Free

1 hour class – \$20 members / \$25 non-members
1.5 hour class – \$25 members / \$30 non-members

Register for clinics online, in the clubhouse, or directly with Ian Chadwell at ichadwell@caclubs.com.

07/10/24