

ADULT TENNIS SCHEDULE

MONDAY

8:30 - 10:00 AM	Technique and Application	You will learn modern day technique. First half of clinic will go over modern day technique and second half you will learn how to apply it.
12:30 - 2:00 PM	Tennis 102	This clinic will include but is not limited to a thorough explanation of scoring and rules, continuing stroke productions, and an introduction to tactics and game styles.

TUESDAY

8:30 - 10:00 AM	Advanced Live Ball	This is a game-based clinic that incorporates point play situations that will be sure to give you a fun workout. Best for players that are already comfortable playing points.
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WEDNESDAY

9:00 - 10:30 AM	Serious Tennis <i>with Dave</i>	This class works on various doubles situations and will refine your ability to succeed in different situations on the doubles court.
12:30 - 2:00 PM	Tennis 102	This clinic will include but is not limited to a thorough explanation of scoring and rules, continuing stroke productions, and an introduction to tactics and game styles.

THURSDAY

8:30 - 10:00 AM	Advanced Live Ball	This is a game-based clinic that incorporates point play situations that will be sure to give you a fun workout. Best for players that are already comfortable playing points.
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FRIDAY

8:30 - 10:00 AM	Tennis 101	This beginner-friendly class will go over the fundamentals at a gentle pace and work towards holding rallies from all areas of the court.
9:00 - 10:30 AM	Serious Tennis <i>with Dave</i>	This class works on various doubles situations and will refine your ability to succeed in different situations on the doubles court.

SATURDAY

9:00 - 11:00 AM	Member Drop-In	This is great for all levels and will give you fun match play against different styles of players. This is a free drop-in for all members.
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SUNDAY

10:00 - 11:00 AM	Cardio Tennis	This is a fun workout on the tennis court and a great place for all levels of tennis. You will hit lots of tennis balls and be moving around while doing it!
11:00 - Noon	Technique Fundamentals	This class will improve your overall technique on all the major shots. It is great for beginners wanting to learn tennis strokes, as well as advanced players wanting to improve a certain shot.

2nd SATURDAY OF EVERY MONTH

9:30 - 10:00 AM	Tennis & Pickleball Orientation	Members can have their level assessed, learn about leagues, how to use the ball machine, and get connected to our groups of players. This is a free program for all members.
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Private lessons available upon request.
Member Drop-in, Tennis & Pickleball Orientation - Free

1 hour class – \$20 members / \$25 non-members
1.5 hour class – \$25 members / \$30 non-members