

# SPRING 2024 WATER POLO

APRIL 12TH – MAY 24TH (7 WEEKS) FRIDAY



LAMADRONA  
ATHLETIC CLUB

(AGES 6-12) 4:15 PM – 5:00 PM

Our Water Polo program will introduce children to a sport that combines elements of soccer, basketball and hockey with swimming. Each participant must be able to swim one length of the rec. pool without assistance and be able to tread water for one minute. Younger athletes can use noodles to help them float while they are learning the sport.

Each practice will begin with a warm up swim set followed by drills to teach all aspects of the sport. Athletes will build their bodies and self-confidence as they learn teamwork, personal responsibility, perseverance and discipline in a safe and fun environment.

CLASSES ARE LIMITED TO 18 SPOTS.  
RESERVE YOUR SPOT TODAY!

Sign up by completing the registration form below and return to La Madrona Athletic Club. Members may enroll online at [www.lamadronaclub.com](http://www.lamadronaclub.com). Registration will begin on Monday, February 26th online. Non-members can enroll on Monday, March 4th. Afterward enrollment or questions can be made directly to the Aquatics Director at 831.438.1072 ext 104 or [kgorham@caclubs.com](mailto:kgorham@caclubs.com).

Age Group	Member	Non-Member
6-12	\$112	\$134

## REGISTRATION FORM

## FOR SPRING 2024 WATER POLO

Athlete's Name \_\_\_\_\_ Age: \_\_\_\_\_

Parent's Name(s) \_\_\_\_\_ Member? Yes ☐ No ☐

Parent's Phone and Email \_\_\_\_\_

Emergency Contact Name and Number (other than parent) \_\_\_\_\_

NON-MEMBER USE POLICY: Because La Madrona is a private club, non-members visiting the club for programming are not allowed use of the facility outside of their paid programming. Please wait for your class to begin before using the facility. Thank you.

Program Withdrawal/Makeup Policies: Registration selections may only be altered within the first of programming for a club credit. If a class is missed, makeups are not guaranteed. However, makeups will be granted if space allows in other days in that session of programming.

