

HOLIDAY POOL SCHEDULE



LAMADRONA
ATHLETIC CLUB

NOVEMBER 3RD - DECEMBER 22ND



LAP POOL

MONDAY

3:30pm - 5:15pm

Swim Team

*(3 Lanes Used)**

TUESDAY, THURSDAY & WEDNESDAY

3:30pm - 5:15pm

Swim Team

*(3 Lanes Used)**

**One lane in the lap pool and one lane in the recreation pool will be available for lap swimming during this time.*

RECREATION POOL

MONDAY, WEDNESDAY & THURSDAY

11:00am - 12:00pm

Water Aerobics Group

Fitness Class

(Small Section of Pool Used)

WEDNESDAY

1:30pm - 2:30pm

Intro to Swim Team

(1 Lane Used)