

Summer High Performance Tennis Academy



For players 10-16yrs of age

Want to improve your tennis game this summer?

This summer program is ideal for the competitive player looking to improve their overall game. The main qualification is a strong desire and motivation to play tennis. There will be opportunities to play practice matches and/or interclub throughout the summer.

Schedule

Monday to Friday 1-4pm

- 1245 pm Check in
- 1 to 130 pm Warm up & fitness
- 130 to 2 pm live ball warm up
- 2 to 3 pm technical & tactical drills
- 3 to 4 pm matches, team tennis & competition
- 4 to 415 pm end of class & pick up



COST
Members \$160 weekly
Non-Members \$200 weekly
Dates: June 10th to August 16th
Minimum of 3 weeks required

See reverse for more info



Summer High Performance Tennis Academy



LAMADRONA
ATHLETIC CLUB

To join the academy, the player will have to commit to a minimum of 3 weeks participation throughout the 10 week summer program.

Please fill out the registration information below and return to front desk with your payment.

Player Information

Players name: _____

Parents name: _____

Emergency contact name: _____

Phone number: (____) _____-_____

Player will participate in the following weeks:

- | | | | | | |
|-------------|--------------------------|-----------------|--------------------------|--------------|--------------------------|
| June 10-14 | <input type="checkbox"/> | July 08-12 | <input type="checkbox"/> | August 05-09 | <input type="checkbox"/> |
| June 17-21 | <input type="checkbox"/> | July 15-19 | <input type="checkbox"/> | August 12-16 | <input type="checkbox"/> |
| June 24-28 | <input type="checkbox"/> | July 22-26 | <input type="checkbox"/> | | |
| July 01-05* | <input type="checkbox"/> | July 29- Aug 02 | <input type="checkbox"/> | | |

*prorated no class 4th July



*Please feel free to contact our Tennis Director
Fred Charlebois at
fcharlebois@caclubs.com or 831-472-1038*

