



Spring Swim Lessons

April 15 – June 3, 2017

30-minute lessons

Private (1:1) Member = \$35, Non-member = \$42

Semi-private* (2:1) Member = \$21 per student, Non-member = \$26 per student

Group* (3:1 or 4:1) Members only = \$16 per student

La Madrona Swim Levels

Your child will be designated a level by their instructor during their initial lessons.

Goldfish Level- This level is designed for babies and their parent(s) babies will learn how to enter and exit the water in a safe manner, explore submerging to the mouth, nose and eyes, and explore floating on the front and back, sing songs and play pool games.

Froggy Level- This is a beginning class to help your child feel overall comfortable in the water. Children will work with their instructor on blowing bubbles, going underwater independently, floating face down and assisted floating on backs

Crab Level- Children will work with their instructor to float on their front and back, practice streamline position floats, swim a short distance with arm strokes, introduction to flutter kick introduction to elementary backstroke

Dolphin Level-focus on perfecting arm stroke, introduction to side breathing, children will learn backstroke and work on endurance

Great White Level-Continue to build endurance with freestyle and backstroke, Introduction to breaststroke and prepare for swim team

To check availability and to book a swim lesson, please view our online calendar at www.lamadronaclub.com (Aquatics/Swim Lessons). You may book online after updating your account credentials with the Club at (831) 438-1072 or email our aquatics director at cmclaughlin@caclubs.com

BILLING POLICY: Members' accounts will be billed after each lesson has been completed. Non-members must pre-pay for all reserved lessons at the time of booking.

CANCELLATION POLICY: To avoid being charged for a lesson you cannot keep, please notify the Club at least 24-hours prior to your lesson. Lessons will not be canceled due to rain - we are going to get wet regardless.

NON-MEMBER USE POLICY: Because La Madrona is a private club, non-members visiting the club for programming are not allowed use of the facility outside of their paid programming. Please wait for your class to begin before using the facility. Thank you.

**Provide your own group for these rates.* For students of differing abilities, semi-private lessons can be divided into two 15-minute lessons and group lessons can be divided into three 10-minute lessons. These lessons are usually utilized by families who have more than one child, but we have had parents and children share a 30-minute lesson, as well. Bring your friends for a better rate!